

## Main Courses

### Meat Dishes

8oz Fillet Steak cooked to your liking served with chips, onion rings, mushrooms, peas and salad (approximate pre-cooked weight)	£15.95
10oz Thick and Juicy fresh Gammon Steak. Served with chips, peas and salad and your choice of fried egg or pineapple (approximate pre-cooked weight)	£8.95
Tender Lamb Shank with a rosemary and red wine gravy. Served with homemade colcannon mashed potato and fresh vegetables	£8.95
Braised Pork Shank with a cider and apple sauce (GF) Served with potato rostis and fresh vegetables	£8.95
Beef Meatballs Beef meatballs in a fragrant tangy sauce with sun ripened tomatoes, chopped basil and a hint of black pepper served on a bed of fresh fusilli pasta finished with parmesan shavings and served with a slice of garlic bread	£7.95
St David's Chicken (GF) A chicken supreme wrapped in bacon smothered in a cheese and leek sauce served with your choice of homemade mashed potatoes, new potatoes or chips and fresh vegetables	£7.95
Chicken Balti (GF) Medium curry with a blend of tomatoes, onion, cumin and chilli's served with pilau or basmati rice and a naan bread	£7.95
King Prawns instead add £1	
Chicken Korma (GF) Mild curry with a rich coconut sauce with delicate aromatic spices Served with pilau or basmati rice and a naan bread	£7.95
King Prawns instead add £1	
Cumberland Sausage Rings. Served on a bed of home made mashed potato with peas and onion gravy	£7.95
Pepperoni Pizza Topped with mozzarella and pepperoni with a tomato sauce filled crust	£6.95
Sweet and Sour Chicken (GF) Chicken strips cooked in a sweet and sour sauce Served with egg fried rice and prawn crackers	£7.95



## Welcome to the Bell Inn Public House

If you enjoy your meal please tell others, if anything is not right  
please tell us.

Enjoy!

Thanks Steve, Jo and Dominic

### Starters

Prawn and Melon cocktail served with a side salad and brown bread and butter (GF WITH NO BREAD)	£4.25
Oven Roasted Mushroom Pate served with salad and toast A rich creamy oven roasted mushroom pate made with full fat soft cheese crème fraiche and seasoned with a hint of garlic and thyme	£3.95
Mississippi Chicken. Chicken breast fillet southern style served with salad and a BBQ sauce	£3.95
Soup of the day (please ask for today's choice) Served with warm crusty rolls	£3.95
Breaded Whitebait served with salad and tartare sauce	£3.95
Battered Calamari served with salad and Sweet Chilli Sauce	£3.95

## Main Courses

### Fish Dishes

12 pieces of Wholetail Scampi in breadcrumbs.  
Served with chips, peas, salad and tartare sauce £6.95

Or for the lighter appetite 8 pieces of Wholetail Scampi served as above £5.95

#### Salmon and Dill Fishcakes

Prime Salmon Fillet with potato delicately seasoned with herbs, encased in a crispy coating served with crispy salad, new potatoes or chips and a Thai sweet chilli sauce £8.95

#### 5/6 oz Breaded Plaice Fillet

Served with salad, chips, peas, and tartare sauce £6.95

#### Fish Pie

Salmon, smoked haddock, alaska pollack and prawns in a creamy leek Sauce topped with mashed potato and served with salad £7.95

### Vegetarian Dishes

Broccoli and Cream Cheese Bake, tender slices of potato topped with cream cheese and broccoli £6.95  
Served with your choice of salad or vegetables

#### Sweet Butternut and Chickpea Patty

Generously sized patty using moist chunks of butternut squash, chickpeas, cheddar cheese, onions, adzuki beans, sunflower and pumpkin seeds, lentils, peas and honey, spiced with ginger, coriander, cumin and chillies served with your choice of salad or vegetables £7.95

#### Margarita Pizza

Pizza topped with mozzarella, monterey jack, mature cheddar and emmental with tomato sauce filled crust £6.95

#### Vegetarian Kiev

Crispy vegetables in a golden crumb, filled with a garlic and cheese sauce, served with your choice of new potatoes or chips and salad or vegetables £7.95

### Children's Menu

A choice of either Chicken Nuggets, Sausages or Fish Fingers served with either chips, new potatoes or mash with either baked bean or peas £4.75

### Side Dishes

Chips £1.50  
Onion Rings £1.50  
Garlic Bread £1.50  
Side Salad £1.50

## Desserts

Syrup sponge pudding covered in a rich delicious golden syrup	£3.25
Apple Crumble	£3.25
Rich Chocolate chip sponge pudding with chocolate sauce	£3.25
Served with your choice of custard, vanilla ice cream or double cream	
Chocolate Bombe – White chocolate dairy ice cream with chocolate and toffee sponge made into a bombe and covered in real Belgian chocolate then sliced served with your choice of vanilla ice cream or double cream	£3.25
Tartufo Caffè – Coffee ice cream with a rich chocolate gelato centre and coated with crushed meringue served with your choice of vanilla ice cream or double cream	£3.25
Tartufo Limoncello – Lemon ice cream with soft lemon liquor centre, coated with finely crushed meringue served with your choice of vanilla ice cream or double cream	£3.25
Parravani's Premium Norfolk Individual tub of Ice Cream Choice of vanilla, strawberry or chocolate chip (GF)	£1.75
Fresh Brew Coffee.	£1.50
Cappuccino	£2.00
Latte	£2.00
Espresso	£1.50
English Tea	£1.50

(GF) = GLUTON FREE